

# Newsletter



## Spectacular Speakers Coming to CADA Conference

By Dave Hogan- Harrison High School AD

Colorado AD's you're going to truly enjoy the convention in April at the Omni Interlocken in Broomfield. We looked at the suggestions that were made on our end of the convention survey, and truly believe we have a great couple days of speakers and LTC classes for you.

Our speakers this year come from a wide variety of back grounds, as well as from Colorado and other states across the country. We feel very fortunate to have such a great line up of headliners for you.

Cory Dobbs, the mastermind behind The Academy of Sport Leadership will present in a general session, as well as a breakout session. He will be discussing areas involving developing athletes into leaders and the questions we should be asking ourselves as AD's in our reflections to improve. Cory is known across the country for his work with athletes and coaches. His curriculum of developing leaders is outstanding. Cory will arrive at the conference from Arizona on Sunday, April 29.

Jay Hammes from Wisconsin will also join us on Sunday to present in a general session. With some of the changes in our world today, Jay will help give us insight into our roles in emergency situations of all types. Jay brings a personal knowledge of his own unique situation. On Saturday, April 28, Jay will also be teaching LTC 630. Jay has been the keynote speaker for other state athletic associations and has taught at the NIAAA National Conference.

We also are happy that Lee Green will be joining us to teach the LTC law classes. Lee is one of the authors of the law courses and brings valuable insight into this area that no one likes to think about or wants to be involved in. Lee has presented at our conference in the past and we are excited that our relationship with Lee is one that is so beneficial. We are truly blessed that Lee takes such an active role in being a part of our conference.

On Monday, April 30 we will continue to advance our knowledge of concussions. So many of you wanted more information on health and training related topics and I believe we have met your needs. Dr. Provance, from Children's Hospital of Colorado, an expert in concussions, will present at a general session. Also that day in breakout sessions, we will have topics presented regarding athletic training issues from nutrition, injury and current hot topics by a team of athletic trainers from Children's Hospital of Colorado. Additionally that day Boyd Epley from the National Strength and Conditioning Association will present during two breakout sessions. He will discuss ways of improving athletes and reducing injury risk. Boyd is well known as the man that developed Husker Power and has worked with several schools in Colorado developing strength and conditioning programs for athletes.

If this lineup is not enough, many of our own Colorado athletic directors will be presenting during breakout sessions and teaching LTC

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# Wheat Ridge's DeSimone Honored



Nick DeSimone has been honored with the National Interscholastic Athletic Administrators Association State Award of Merit. The State Award of Merit is given each year to an administrator of athletics for contributions at the local and state levels.

Nick DeSimone is currently the Athletics Director and Assistant Principal at Wheat Ridge High School in the Jefferson County School District. He has been there for the past thirteen years. Nick has been an Athletics Director for 14 years, starting at Golden High School. Nick has served on the CHSAA Legislative Council and as chairman of the Track and Field committee. He has served on numerous budgeting, policy review and reorganization committees at the district level. Nick is a past President of the Colorado Athletics Directors Association and has served for four years on the board of the Colorado Athletics Directors Association. Nick is a member of the NIAAA and has served the national association on the Strategic Plan Finance Committee.

Nick is a graduate of Regis High School. He holds a Business Finance degree from the University of Northern Colorado, a Biology degree from Metropolitan State College of Denver, a Masters degree in Education Administration from the University of Phoenix, and also held a National Science Foundation Fellowship at Brown University.

Nick coached for over 18 years at the high school level. He has been a Head Football, Track and Field, and Girls Basketball

coach. He has been an assistant coach in each of these as well as baseball, and wrestling. His coaching highlight was being on the staff of two State Championship football teams while at Cherry Creek High School. His Athletic Director highlights include the State Championships in 5A softball, 5A boys cross country and 4A football he has been able to experience at Wheat Ridge High School.

Congratulations Nick for being selected as Colorado's winner of the NIAAA State Award of Merit!

## Spectacular Speakers continued from page 1...

classes. Tim Ottman, AD at Ponderosa High School, will be presenting during two breakout sessions on working with your coaches and the politics of coaching. A few years ago Tim presented during a breakout session and it was a tremendous hit. We are expecting that same homerun from Tim again this year. We are also privileged to have several CADA Board members teaching LTC classes and breakout sessions.

This year we are going to try an open forum type breakout session with Jim Thyfault, Jeffco District AD, as the mediator. We will have some parent situation scenarios to help the session. Our hope is that through our discussion you can gain insight on how someone else views the situation and help you develop more confidence when those tough parent situations

arise. I am not sure if this session will fix everything for you, but the best people to help are the ones sitting alongside you today.

Please take time to look at the CADA convention information you receive. I do understand that with our current economy or school situations some of you may not be allowed to attend. The CADA Board truly believes in the convention theme of Leading the Way. I hope that with the quality of speakers and valuable information being presented you will find a way to the Omni from April 28 – 30.

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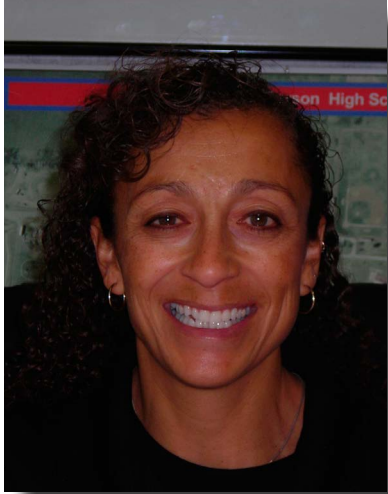
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**HOTEL:** Your hotel accommodations should be reserved directly with the Omni Interlocken Resort. CADA has reserved a block of rooms at a special rate of \$109 per night. Be sure to make your reservations by March 28, 2012. Check-in time is 3:00 p.m.; Check-out time is 12:00 p.m. If you would like to phone your reservations, you may call 1-800-843-6664 and be sure to indicate that you will be attending the CADA Annual Conference or reserve online at <http://omnihotels.com/FindAHotel/DenverInterlocken/MeetingFacilities/ColoradoAthleticsDirectorsAssociation4.aspx>

# Headliners



*Kelley Eichman | Athletic Director  
Fountain Fort Carson High School*

I am currently in the middle of my ninth year as Athletic Director at Fountain Ft. Carson High School. Fountain is truly home to me. My dad was in the Army and stationed at Fort Carson in 1975. I graduated from Fountain Ft. Carson High School in 1982 and attended Western State College on a gymnastics and track scholarship. I was fortunate enough to be given an opportunity to coach track at Western State College after graduation and continue my education.

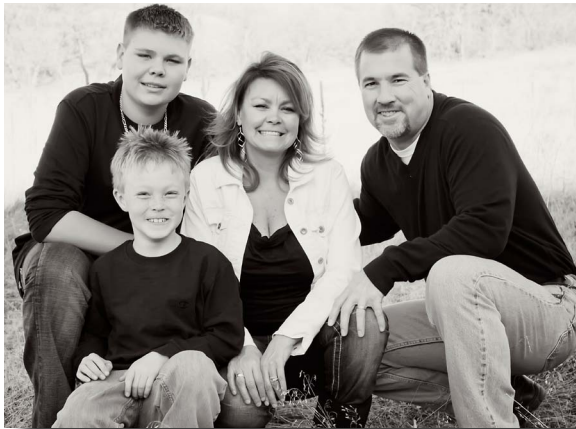
I began my teaching career at Sierra High School as a Physical Education Teacher along with coaching gymnastics, girls swim, and track. In 1995, I came back to FFCHS as a Physical Education teacher and coached volleyball and track. In 2000, I made a move to Harrison High School to begin my administrative career as Assistant Principal. I was at Harrison High School for three years before making my way back home to FFCHS as the Athletic Director in 2003.

My husband, Dave Eichman, is the District Athletic Director for School District 11 in Colorado Springs. We have a very energetic five year old daughter, Jordis, who keeps us very busy on top of all our work responsibilities, but is just a joy.

I truly enjoy my position as the AD at FFCHS. The students, staff, and community along with the strong traditions and success that FFCHS has had in its many Activities and Athletic programs make it a fantastic place to be - Trojan Town!

Thank you for selecting me as one of the CADA Headliners. A Special Thanks to all the coaches that have helped me on my successful journey and to my family and friends, which are always there for me.

Go Trojans!



*J.C. Summers | Assistant Principal and Athletic Director  
Arvada High School*

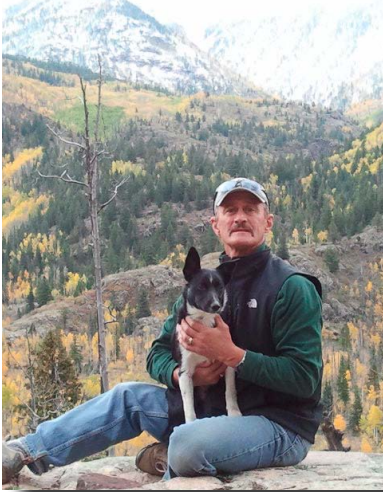
I am very humbled and honored to be selected for this honor. It was quite unexpected but gratefully accepted. This year is my fourth year as assistant principal and athletic director at Arvada High School. It has been my life goal to be involved in sports and education. I began coaching at Pomona High School in 1994 while working in a sports career outside of education. I later made a choice to finish my teaching certification and accomplished that in 1999. During my career I have coached wrestling at Pomona and Alameda. Thanks to some great kids and families, I was named the Jeffco 4A wrestling coach of the year in 2000 and 2001. I also coached football at Alameda, Sheridan and Arvada. I made the transition from teacher to administrator here at Arvada and although I miss being in the coaching ranks, I would not trade it for the world.

I am a Colorado native that grew up in Fort Lupton and had the privilege to be a part of two state championship wrestling teams and a state runner up football team while there. My experiences at Fort Lupton landed me a chance to wrestle for Mesa State College. After enjoying my time there, I transferred to Chadron State College to finish my education and wrestling career. It was bittersweet since I had to transfer because MSC had to drop the wrestling program, but I am thankful for CSC taking a chance on me. Without all of these athletic opportunities I would not be where I am today and try to stress that to the kids I work with on a daily basis.

I must thank my wife Jamie for keeping me focused and staying in education and athletics when there was a time I thought I needed to move on. My two boys Riley and Dalton for keeping me young and making me old at the same time. My parents, sisters and their families for all the support from pee wee wrestling until today. Thanks also to Paulette Pell for being the best athletic assistant in the state and the coaches, staff and administrative team here at AHS!



# Headliners



*Dave Preszler | Vice Principal and Athletic Director  
Bayfield High School*

It's a little daunting when you allow yourself to reflect back on your years in athletics. I've been very blessed to have worked with student-athletes and coaches for over 30 years!! (Boy – I must be getting old – oh! that's right - not old, just mature!) Different states – different levels within the high school and college ranks – different coaching and administrative responsibilities. The geography goes something like this: Hettinger HS, Hettinger, North Dakota – Century HS, Bismarck, North Dakota – North Dakota State University, Fargo, North Dakota (Yes, I can talk North Dakotan) – Montana State University, Bozeman, Montana – Fort Lewis College, Durango, Colorado – Bayfield HS, Bayfield, Colorado.

I grew up in a German culture/environment in rural North Dakota. For some unusual and unknown reason, athletics and working with kids drew me in and after all of these years, it still continues to play a major role in my life!!

My family is the GREATEST - wife Gina, sons - Ryan and Tyler - daughters - Mindy and Michelle, certainly keep me grounded. They know how CRAZY it often gets, but at the same time, the lessons that come from family are the BEST of what life offers and teaches us!! Thanks to all the amazing Coaches and student-athletes that I've been so fortunate to have had in my life. You all make it so worth it!!

Lastly, I'd like to encourage/challenge all of us to endeavor to make this world a better place, to be successful at **"making a difference"** in our work place, in our homes, in our schools and communities and in this world. Make a conscious choice to put a laugh in your heart, a smile on your face and make life a "Full Cup"! Be sure to have a **"GREAT Day!!"**



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